



Care
For the
Homeless

Welcome

Team Care For the Homeless

Welcome Toolkit and Participant Guide



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About CFH



MISSION

For over 40 years, Care For the Homeless has fought homelessness by delivery high-quality and client centered health care, human services and shelter to homeless individuals and families, and by advocating for policies to ameliorate, prevent and end homelessness.

OUR COMMITMENT

We help end episodes of homelessness and move individuals from crisis to stability.

Care For the Homeless (CFH) is a nationally recognized nonprofit leading the way in caring for those experiencing homelessness and housing instability in New York City.

As one of the nation's first Health Care for the Homeless programs, CFH has pioneered an integrated and innovative model of care that brings together healthcare, shelter and social services, designed to meet our clients where they are on their health and housing journey.

Our comprehensive approach includes emergency shelter, primary care for adults, pediatric services for children, dental and oral healthcare, chronic disease management, and integrated mental health and substance use treatment, regardless of the ability to pay.



With **six shelters and 2 Safe Havens**, we are able to provide help in every **borough of NYC**. And through our network of **16 community health care centers**, anyone can receive the healthcare they need.



2025 CFH Impact Highlights

821,250

Meals Served

43,818

Total Patient
Visits

873

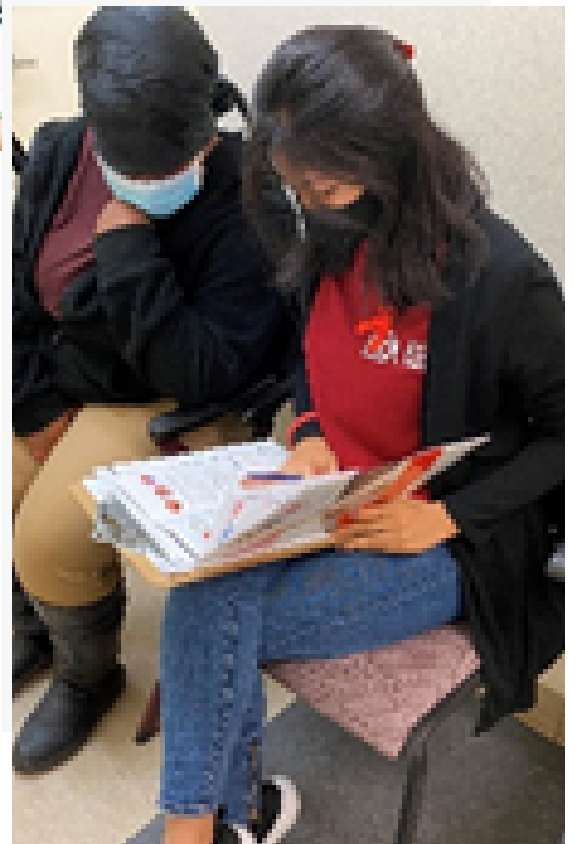
Individuals found a
safe place to stay in our
shelters

374

Clients secured
permanent
housing

1,843

Dental
Care Visits



what your support can do

\$18

Can provide 3 meals a day to one of our shelter residents.

\$25

Can provide 4 meals at one of our shelters. in 2025, we provided 821,250 meals.

\$50

Can provide personal hygiene and essential items to healthcare patients and shelter residents.

\$100

Provides clothing for adults and children at our shelters and community health care centers.

\$250

Supports the cost of a wellness vaccination. We provided 1,238 vaccinations in 2025.

\$250

Can provide meals for 40 individuals at one of our shelters.

\$500

Can help provide essential items to individuals who have secured permanent housing.

\$1,000

Can help cover the cost of healthcare visits at one of our community health care centers.



Helpful Tips To Get You Started

Register

Register to participate as an individual or create a team

Create Your Page

Create a fundraising page, personalize and share with your network

Donate

Make a personal donation to kick off your fundraising

Grow

Grow your team and hold a fun kick-off meeting

Share

Share your page on social media, by email and with your co-workers

Have Fun

Have fun raising funds to support CFH's work and see you at the event!



Our team is ready to help get you started and assist along the way! Contact Lynette LaRocca, CFH Special Events Manager at Llarocca@cfhnyc.org



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Fun Ways to Support

- Challenge each walker to invite one or two people to walk with you/them.
- An easy way to reach \$100: ask 10 people to donate \$10 or 20 people to donate \$5. 20 people can donate \$10 = \$200.
- Hold a fun kick-off meeting to get everyone excited about the event and event day. Personalize team t-shirts for even more fun.
- Engage your followers with photos of you or your team before, during and after the walk.
- **Host one of the following fun events. Not only does it create fun but brings people together for an important cause:**

Karaoke Night

Wine Tasting

Restaurant Dine and Donate

Donate Your Day (one day wages)

Bake sale or chili cook-off

Golf tournament

Pickleball or tennis tournament

Casino Night

Trivia Night

Game/streamer event

Chef Tastings

Teacher vs. student contests

Dodgeball Tournament

Office cook-off

Office step challenge

School club activities



ABOUT THE EVENT

Join us for a morning of fun and community as we walk, run and cycle to support services for those experiencing homelessness in NYC.

The certified 5K event is for everyone! With activities and awards for top finishers.

EVENT AT A GLANCE

8:15am Registration Opens
9:00am Kids Fun Run
9:20am Certified Race Begins
10:30am Awards

- Water Station at turn
- Kids Activities Station
- Awards for adult age categories
- Snacks and beverages

REGISTRATION

[CLICK HERE](#)

EVENT LOCATION

Riverside Park
84th Street Entrance

Certified 5K (3 miles)
Water station at turn

Rest Rooms on-site

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CARE FOR THE HOMELESS

www.careforthehomeless.org

30 E 33rd Street, 5th Floor
New York, NY 10016
212.366.4459

IN-KIND DONATIONS

If you are interested in donating pre-packaged snacks or beverages, please let us know.

QUESTIONS

Lynette LaRocca
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